

180 DAYS OF ENGLISH

WORKBOOK
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READING COMPREHENSION • VOCABULARY AND GRAMMAR
WRITING PRACTICE • LANGUAGE DEVELOPMENT

JRP
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Author: Suzanne Barchers

Editor: Niamh O'Carroll (O'Carroll Editorial)

Design: Audrey Kavanagh

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180 Days of English – Book A

180 Days of English – Book B

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■ Read the text. Circle the answers.

“Why do we wear cycling helmets?” Lola asked.

“It is a way to stay safe,” said Mammy. “If you fall, the helmet will protect your head. It might be a law soon, too. You could get a ticket if you are caught cycling without a helmet.”

“Oh!” Lola said. “I want to be safe. It makes sense to wear a helmet when I’m on my bike.”

1. What are Lola and Mammy talking about?

- a head injuries
- b cycling helmets
- c tickets
- d laws

3. How would the word *helmet* be divided into two syllables?

- a he-lmet
- b h-elmet
- c helme-t
- d hel-met

2. What is the main idea?

- a It is easy to fall off your bike.
- b Helmets protect your head if you fall.
- c Tickets are given if you break the law.
- d Wearing a helmet is against the law.

4. Which of these words means the same as *protect*?

- a lose
- b expose
- c guard
- d injure



■ Read the text. Circle the answers.

My teacher has rules for our class. The rules keep us safe and make sure we can all learn. One rule is to not run inside. This rule was made so no one would get hurt. I think my teacher really cares about us. The rules keep us in order, so I follow them every day.

1. Who has to follow the teacher’s rules?

- a the student
- b the teacher
- c the principal
- d the whole class

3. What is the root word in *teacher*?

- a teach
- b each
- c eacher
- d cher

2. Which title best fits the text?

- a A caring student
- b Running is not fun
- c Keeping order with rules
- d Breaking the rules

4. What does the phrase *in order* mean in the text?

- a quiet
- b in a line
- c organised and well behaved
- d in a circle



■ Read the text. Circle the answers.

The bell rings many times a day at Jack's school. It tells him when the day starts. It tells him when the day ends. Lunch starts and ends with a bell. Bells tell Jack where to go. How does he know when break time is over? The bell alerts him.

1. What is the setting?

- a Jack's bike
- b Jack's home
- c Jack's school
- d Jack's room

3. How many syllables are in the word *alerts*?

- a one syllable
- b two syllables
- c three syllables
- d four syllables

2. How do bells help students?

- a Bells tell students where to go.
- b Bells ring on Mondays.
- c Bells only ring at lunchtime.
- d Bells are loud.

4. Which of these words means the same as *starts*?

- a concludes
- b rings
- c begins
- d lasts



■ Read the text. Answer the questions on the next page.

Fire drill

Seth learned about fire drills at school. His class went on a trip to the fire station. The firefighters talked to the students about safety. Schools have fire drills to prepare students for a fire. The firefighters told the students that they should have fire drills at home, too.

Seth went home and told his parents what he had learned. His family decided to try a fire drill. First, they tested their smoke alarms. They wanted to make sure that the alarms were still working. Then, they pretended that an alarm went off. They got out of their house, and they timed the drill. It took them three minutes. They all agreed they could do better. They would try again.

Seth was happy. He felt safe. He was glad his family had done a fire drill. He knew the firefighters would be proud.



■ Circle the answers.

1. Which shows a connection to this text?

- a I have done a fire drill with my own family so I feel safe, too.
- b My family likes to watch films together.
- c I went on a school trip to a museum.
- d I like break time at school.

2. What did Seth's family practise?

- a a dell
- b a doll
- c a dull
- d a drill

3. How did Seth's family know how long the drill took?

- a They timed it.
- b They timer it.
- c They timid it.
- d They tamed it.

4. Where did Seth first hear about having fire drills at home?

- a at home
- b at the fire station
- c at his neighbour's house
- d in the classroom

5. What important lesson did Seth learn?

- a Fire drills should be shorter than three minutes.
- b Firefighters are brave.
- c Fire drills are more important at home than at school.
- d It is important to practise fire drills.



Read the text 'Fire drill' again.

Think about some of the ways that you are safe with your own family.

Write about one thing your family does to stay safe.

